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WE CLAIM:

body support, an assembly comprising:

an elongated upwardly open and elongated metal rail

fixed to the support and two confronting and inwardly concave

flanges forming transversely inwardly directed faces;

an elongated metal rail fixed to the seat, captured

In combination with a motor-vehicle seat and a car-

between the flanges, and having two transversely outwardly directed faces generally complementary to and bearing with prestress outwardly on the inwardly directed faces; and respective friction-reducing layers on the faces.

- 2. The car-seat rail assembly defined in claim 1 wherein each of the faces has a pair of planar portions extending at an angle of less than 180° to each other and meeting at a corner.
- 3. The car-seat rail assembly defined in claim 2
 wherein the upwardly open rail has an integral and horizontal
 floor web bridging the flanges and the upper rail has downwardly
 extending L-shaped lips riding on the floor web.

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- 4. The car-seat rail assembly defined in claim 2
 wherein the rail fixed to the seat has a downwardly open Usection central web having lower edges and respective outwardly
 convex outer flanges projecting upward from the lower edges and
 forming the respective faces.
- wherein the rail fixed to the seat has a downwardly open Usection central web having lower edges and respective C-section
 outer flanges projecting upward from the lower edges, forming the
 respective faces, and having rounded upper and lower lips, the
 inwardly concave flanges being of C-section and complementary to
 the C-section outer flanges of the rail fixed to the seat.
 - 6. The car-seat rail assembly defined in claim 1 wherein the layers are polytetrafluoroethylene.
- 7. The car-seat rail assembly defined in claim 1 wherein the layers are nitriding.